



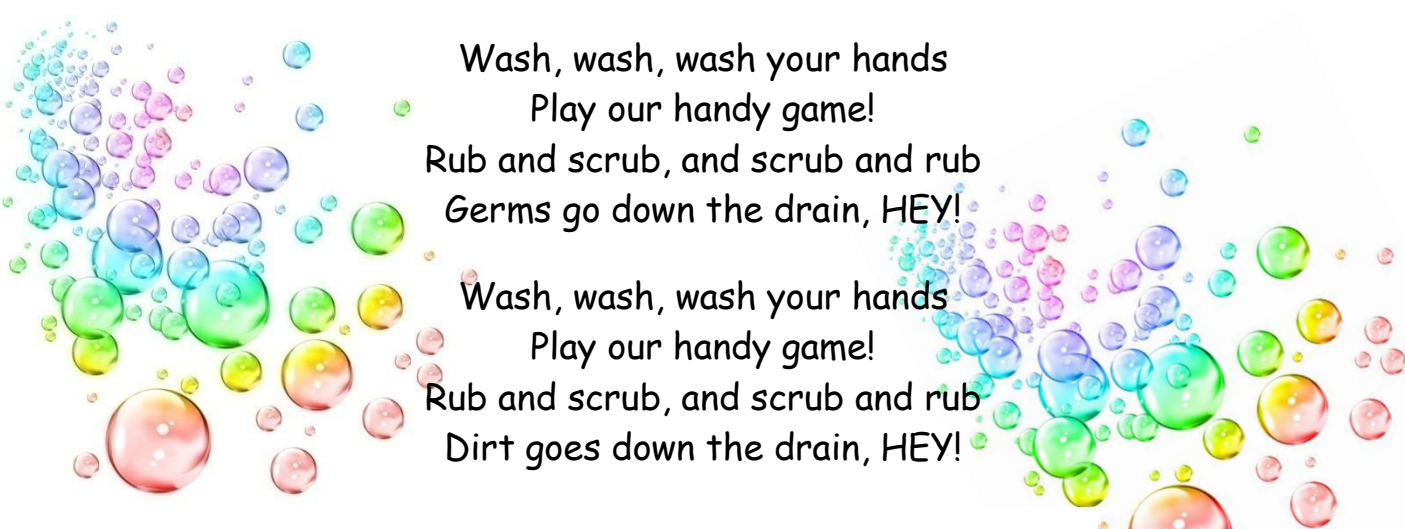
MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES

The Hand Washing Song

An important part of proper hand hygiene is washing your hands with warm, soapy water for a sufficient amount of time. An easy way to remember is singing a song, like "Happy Birthday."

The WHACK the flu skit includes an ORIGINAL song that children can sing when washing their hands so they know how long they should wash, which is about 30 seconds.

The song is sung to the tune of "Row, row, row your boat."

A large, colorful illustration of many bubbles in various sizes and colors (blue, green, yellow, orange, red, purple) floating around the central text.

Wash, wash, wash your hands
Play our handy game!
Rub and scrub, and scrub and rub
Germs go down the drain, HEY!

Wash, wash, wash your hands
Play our handy game!
Rub and scrub, and scrub and rub
Dirt goes down the drain, HEY!



Materials adapted for use in Missouri
Courtesy of the City of Berkeley Public Health
www.cityofberkeley.info/publichealth
and the Napa County Public Health
www.co.napa.ca.us/publichealth